

Grace under pressure

Tiffany Berg knows what it's like to handle life's challenges, and she has plenty of advice for those who need it



*"Nobody's perfect. I would say that I've done every non-perfect thing during my lifetime. Some of them twice."
- "Succeeding Gracefully . . . While Failing Miserably"*

Seven years ago Tiffany Berg learned how to do and teach emotional release, and at that point everything changed.

Now each Thursday, she leaves her home office with her two home-schooled children and films the values-based women's television show "Succeeding Gracefully" for KTMW 20.

Berg can also be heard on Healthy Wealthy Wow Grapevine Radio for women on 1400 AM. She has written five books and is working on "The Value of One", aimed at teenage girls.

But it hasn't come without challenges and a lot of hard work. When Berg's husband fought cancer, she felt her business was the string to her kite.

"I had clients, and I was consulting for their success. That demanded that I not give up. I guess I could have. It was really upsetting. There were times when I thought about it, but because I coached a lot of women I didn't think I could stop, didn't believe I could stop . . . and having to film every week was a reason to get up in the morning. It was, like, wow, what are you really made of? Now our whole family looks at life quite a bit differently. Life feels more balanced now."

"It is my goal that each one of my children will have their own business by the time they are 18. We can't expect them to be whole, independent people if we don't give them the opportunity," she said.

Berg reads *Proverbs 31:10-31* almost daily as a guide on how a woman ought to be; *"She meets her family's needs first, but she also knows how to buy a vineyard and make it fruitful."*

When asked about the future she says, "I think in the next 10 years women are going to be torn in two directions, either be a mom or be a worker. I think if you are creative you can do both . . . If you are not creative, you will be stuck in one or the other . . . you will miss out."

She laughed and continued, "I went to bed last night at 3:30 a.m. I'll choose to spend time with the family during the day and then work some long hours . . . that's the thing about being your own boss. I get to meet amazing women and choose my own hours."

> Succeeding Gracefully

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